



Discover a Revolutionary New Way to Care for Your Skin!

ST. PAUL, MINN — Enjoy healthier and more beautiful skin with this book's innovative approach to using cannabidiol, or CBD oil, for improved wellness. An accomplished doctor who has years of experience with CBD oil, Dr. Manisha Singal presents a comprehensive explanation of what it is and isn't, where it comes from, and how it works. *The CBD Skincare Solution* provides the tools you need to fight skin conditions and give your skin a radiant glow.

This essential book features a history of CBD oil, common skin diseases and recommendations for treating them, how CBD oil helps fight aging, and detailed advice on buying CBD-infused products. With the recent boom in CBD oil usage, there is a pressing need for clear, authoritative guidance.

This book is the perfect choice.

The CBD Skincare Solution
*The Power of Cannabidiol for
Healthy Skin*
By
Dr Manisha Singal

Trade Paper
US \$14.99 | CAN \$20.99
ISBN: 978-0-7387-6488-7
216 Pages

US Release August 2020
UK/Canada September 2020

DR. MANISHA SINGAL (Washington, DC) is an internist and is affiliated with multiple hospitals, including BridgePoint Hospital Capitol Hill and BridgePoint Hospital National Harbor. She received her medical degree from George Washington University School of Medicine and has been in practice for more than twenty years.